

Satyalok, Varanasi, August 15th 1995

Without laying the foundation of a righteous life, Kriya becomes an escape and, therefore, has no value whatsoever. A righteous life is not merely the following of social morality it is indeed the freedom from envy, greed and the search for power. Without knowing the activities of the self, Kriya becomes a sensuous excitement and therefore of very little significance. Mind in Kriya is limitless, not only in its capacity to think and to act efficiently, but also in its sense of living in a vast space where one is a part of every thing.

In the " Parabastha of Kriya ", a peculiar thing takes place which no drug or self-hypnosis can bring about. The mind enters into itself penetrating even more deeply and then depth & height lose their meaning. Every form of measurement utterly ceases. In this state there is complete peace, not merely contentment which comes about through gratification. Kriya is a movement from innocence to innocence. In the explosion of Kriya, the eyes are made innocent and love is then a benediction. Kriya opens the door to the incalculable, to the measureless. Kriya brings about the religious mind — the deep religion that is untouched by the Church, the temple and the mosque. Kriya is not an escape from the world but rather the comprehension of the world and its ways. Kriya de-conditions and thus frees you from your past Karma.