

Assisi, Italy, May 15th 1996

It is necessary to understand at the outset that self-realization is not self-promotion, self-discovery is not self-obsession and self-growth is not the growth of selfishness. Then Kriya Yoga blasts the separative consciousness (which separates us from the living quality of life) generated by the ego - center. Then " I " remains only as a reference point without the accumulative and the acquisitive urges, without the pursuit of power, profit and pleasure; without the conditioning, conceits and confusion.

War is the final exaggeration of the ego. Kriya cures the neurological defect of the human species — the ego-trips in various forms. Hence Kriya can save this planet Earth from nuclear disaster. Due to the divisive structure of the human consciousness, we have this culture of killing and being killed in the name of flag, religion, race, sect, cult, belief systems, idiotic ideals & isms, vested interests and vanities. Kriya Yoga is the life of sanity and sanctity.

God and enlightenment have become the ultimate pleasure and un-interrupted gratification as a consequence of the enormous machination and maneuvers of the thought. Kriya Yoga brings an end to this machination and then there is the un-namable, the immeasurable.

OM Shanti