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Mind is the garbage of beliefs and disbeliefs . 'No-mind' is the God of perception and Understanding.

Mind can not understand. It only makes concepts and conjectures.

Emotional excitement can never find enlightened energy. Former belongs to mind and the latter belongs to "no-mind".

There is no such thing as free will. There is either freedom (no-mind) or will (mind) which is bondage.

Surrender is a process of 'no-mind', of being , of understanding. It is pure action. Surrender shines.

Subservience is the profane activity of the mind, of becoming, of blind following. Subservience stinks.

Mind functions through fantasies. You usher into 'no-mind', when you deny fantasies to mind.

Mind is healthy when it functions in technical area. In the area of fantasies, it is full of disease and maladies.

Spirituality is not flight into fantasies.

A life of meditation (Kriya) is a life in which the self-centred activities of the mind are not. One can live such a life every moment, every day, in spite of the morbid narrowness, cunning exploitation, subtle brutalities and stupid fantasies of the human mind.

The state of experiencing (even-minded mindfulness) is the most important state - not what is being experienced.