

Lohmar , Germany, May 18th 1999

Upanishad - essence

Unless there happens the glimpse of the otherness, there is no way one can come out of the cycle of birth and death. There is no other way, no other way, no other way.

There is a strange benevolent energy with a tremendous brightness of understanding which encompasses every minute thing in the universe. Unless there is an awakening to this fact , one can not come out of the cycle of birth and death. There is no other way, no other way, no other way.

The unknown can never be known within the dimension of the apparatus (mind) one has got. Unless this fact hits one like a jolt of lightening , one can not stop one's ego-trips and can not come out of the cycle of birth and death. There is no other way, no other way, no other way.