

Message 115

Paris, February 5, 2007

A letter to a young French devotee flowering in freedom from the stranglehold of conflicts and ushering in the purity of comprehension.

Human beings have been passing through your situation since times immemorial! That is why Krishna (Universal Intelligence) is shouting for over six thousand years: --

Nehabhi Kramanaashosti
Pratyabaayo Na Vidyate
Swalpam Apyasya Dharmasya
Traayato Mahato Bhayaat
(Bhagawat Gita II: 40)

A little of the energy of non-dualistic understanding and a little of the simple yoga practices hold the body secure and save it from many mental pollutions. Know that this Saamkhya comprehension can neither be superceded nor is there a substitute for pure yogic action.

Be in a state of 'let-go', which does not imply idleness. It only indicates freedom from "I-ness"! This word 'let-go' is indeed very beautiful. If you take out **e-g-o** from it, you are left with **l** and **t** representing love and truth!

Dharma Aur Dhairya Ek Hai
Jisme Uttaro Ka Daldal Nahi
Uddhar Ka Dwar Hai
Jisme Upadrav Ka Aapadhapi Nahi
Urjaa Ka Ashirvad Hai

Religion is patience. It is the door to liberation, not the marshland of questions and answers! It is the bliss and benediction of Energy of Understanding, not the machination of mischiefs of the mind.

Let Shanti (peace), Samrakshan (protection) and Samriddhi (prosperity) be with you always. Dynastic Kriya-Yoga in France has now a great patron in you.

Jai Patience