

Message 120

Bulgarian Retreat, (Pamporovo).2nd July, 2007

Energy of Understanding in a profound Sutra of Shrimad Bhagavat Gita

Let us jump straight away in the opposite-free ocean of benediction and grandeur called Bhagawat Gita, without any fear of getting drowned. This Sutra is total freedom from fragmentations, divisions and dualities obtaining in the psychological time, the psych "I", generally known as "mind".

Prayaankaale: when the psyche "I" is in a state of dissolution,
Manasaachalena: when the separative mind is coming to a halt,
Bhaktya: when "Bibhakti", that is the division, is ending for the emergence of devotion (Bhakti),
Yukto: when "Ayukta" or "Biyukta", that is the disorder or disharmony, is vanishing for harmony (Yukta) with the living quality of life to be,
Yoga Balena Chaiba: when all the above processes are happening, as one is indeed in the energy (balena) and fire of awareness (yoga),
Bhrubormadhye: when this awareness is in the "third eye", that is in a non-dual state, without the corruption of illusory dualistic phenomenon of the inner consciousness represented by the two eyes,
Praanam Abeshya: then the vital breath (subtle awareness), which is almost a breathless state, is all set,
Samyak: to awake to the Reality,
Sa tam param purusam: which is the connection of Intelligence in the body.
Upaiti Divyam: And this is the enlightened, eternal and timeless state.

The full Sutra reads like this:

Prayaankaale Manasaachalena
Bhaktya Yukto Yogabalena Chaiba
Bhrubormadhye Praanam Abeshya Samyak
Sa tam param purusamupaiti Divyam
(Bhagawat Gita: 8|10)

According to Hindu belief-system, this connection of Intelligence is situated at the centre of the "Krishna's flute" (between "Agnya chakra" in the back and the "Kutastha", "the third eye", in the front of the human skull). This connection of Chaitanya can also be reached by piercing down the centre of the "Sahasrara" (Crown chakra). This is also known in some circles as "Brahma Randhra". This is supposed to be the seat of the "Soul". That is why the Hindu custom is to break the skull with a heavy piece of wood after the dead body is cremated and burnt out in order to "liberate" the soul!

Poor Non-Hindus! Your poor "Souls" remain "unliberated" as you do not break the skull before laying down a dead body to rest in the grave! One rascal Bulgarian has recently claimed all knowledge about Brahma Randhra and fontanel as also about the process of death and liberation of "soul" in his letter of "exposure" to Shibendu, which is indeed thrilling! Shibendu therefore recommends Bulgarian kriyabans to take him as their Guruji for his super "spiritual" knowledge!

There are reasons why this profound Sutra has been interpreted in a different way by many Hindus with a lot of damned superstitions. This is not the place to discuss this matter. Perhaps we Kriyabans will go into all this in detail during a Retreat.

This Sutra is an invitation to die to the illusion "I" every moment so that a human being can live in Intelligence from moment to moment without the burden of the past and the `becoming` of the future. Then it is easy to see that life is never born, life never dies! It is eternal existential being. The body is born and the body dies. "You" is life! You are the whole humanity, whole life, not an `individual soul`. "You", as a separate mind, is a myth.

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