

Message 123

Paris – Ghaziabad, August 20, 2007

A Satsangh on Phone

A spontaneous Satsangh happened today during a telephone conversation that the Guru was having with this disciple. The Guru was just about to leave for the airport to begin his U.S. programme and had no time to write it. Hence he asked the disciple to write it as Message 123 and send it on to his next stop in his never ending travel wherein the dichotomy between movement and rest has disappeared. The movement is a strange rest and the rest is an enigmatic movement.

There is a recent instance of a kriyaban in whose body the interference of the mind overcame the surrender and Mother-state changed to Monster-state. The body was one which had been, in the past, touched by the Energy of Understanding and yet the wheel of ‘Samsara’ ran over and crushed all comprehension.

Understanding, even if it happens in a body, cannot be taken for granted. There is need for alertness and awareness at all times to see the mischiefs of the mind – this is the only way to keep the rat-like mind at the feet of Ganesha (Intelligence) in one’s body.

Separativeness (ego) will always be there in a body as long it breathes. Mind will always be there. Attention is required to prevent its interference – that’s all. Then the mind is harmless, nay, it becomes a powerful instrument if the brain is good, as intellect functions free from all psychological registrations. Then the dichotomy of duality vanishes. Then “Two” (in centrifugal) and “None” (in centripetal) exist at the same time without any conflict.

The Guru in spontaneous satsangh, said: “The centrifugal anxiety of separativeness is ‘Dhara’ (an Energy-draining stream) while centripetal awareness is ‘Radha’ (Shakti - Consolidation of Energy) – Radha is the reverse of Dhara when written in Sanskrit. Radha is the inward perception of Intelligence-space (Krishna) to which the living body is connected.

This has been said again and again so many times and yet because the listening that happens is based on the conditioning, there is choice and picking of what is comfortable and rejection of what is not. Therefore, there is no pondering happening beyond and behind the words – just convenient surmising and calculative alignment of the Guru’s words to what is familiar and known. Listening from the pressures of the past is only re-inforcement of “I” which means not getting rid of “I” to be in the Intelligent-space of “No-Knowledge”.

Just today, while reading the 122nd baby (message) that was born of the Guru’s emptiness, this body saw the words:

**Return again and again
To savoring the space between breaths.
Learn to delight in each turn.**

Kriya Pranayam must continue even at the higher stages of kriya. Kriya Pranayam must continue even when there is understanding - do not take the Grace for granted. It is a Grace, it is given - and can happen only in emptiness. In a cluttered, confused mind, ever in agitation, the movement from Radha to Dhara – from Grace to Curse - will not be noticed until the fall happens. Remain in the fire of awareness as the Guru says. Keep this flame lit with the breath of Pranayam – the process – the Guru. Kriya Pranayam is the Guru.

May the Grace of the Guru Energy be in all bodies.

Jai Kriya Pranayam