Letter to an honest and humble Brazil-devotee who needs a blast of life in the divisive-dirty mechanism of the mind.

It was nice to hear from you after a long time.

The energy of understanding, which is spreading through Shibendu's body is rarely received by the listeners due to their pre-occupation with mental undertakings. Kriya practice does not help if "I" (mind) does not realize that it is an illusory projection from the ground content of mental pollutions such as ambition, fear, speculation, paradoxes and pressures from the past. These pollutions are protected and perpetuated through the mechanism of fictitious duality of the inner consciousness, which makes "I" appear different and situated outside the field of ground content. Then more the "I", more multiplication of pollutions in the ground content. And more the pollutions, more is the fortification of "I" and the whole life is wasted in the darkness of duality.

In the outer consciousness there is duality. You can seek a car because your body is the subject and the car is the object. The seeker and the sought are different. But when "I" seeks "God" Eunder the influence and imposition of the cultural inputs, the seeker is the sought — making subject and object the same! Seeking gratification through belief-systems is the protective mechanism of the illusion "I". All seeking is greed and "God" is the ultimate greed. 'I" is greed. There are no two! If this is realized, then there is an immediate mutation in the consciousness, which drops the "I" and also evacuates greed.

If Kriya had worked in your body, you would not be seeking to know any story — whether of the dynastic lineage or any other lineage. Evacuation of mental pollutions (which begin with seeking) would be your primary concern. It would be impudent and impolite on my part to say that those who operate under the banner of my fore-fathers are successful businessmen of the spiritual market. Thank God that you have come across only one (Ashoke Chatterjee) so far! There are several others like Prakash Vyas (who has recently migrated to Australia to expand his kriya-yoga business), Shailendra Sharma, Shivnarayan Lal etc, etc.. I advise you to run into them too to satisfy your seekings and multiply amusements of your separative psyche "I"! Trust belongs to "nomind" and you are full of mind inspite of your kriyas. That is the tragedy in your body. Faith and doubt — the opposites — belong to mind and its mischiefs. Trust has no opposite.

Sacred energy of understanding in the dynastic lineage does not need your so-called "trust". Be "free" to remain engaged in seeking and multiplying mental pollutions in your body!