Sofia (Bulgaria), Feb. 19, 2008

# Tarikat, Sharifat, Marifat and Haquikat of a Sufi – saint

### **Tarikat**

To be available to some basic norms (tarika) is the beginning of a deeply religious life. Just as Yama – Niyama (rules and regulations), being aware of the narrow ego-centric activity and thus getting rid of it (Swadhyay) and other norms are suggested in Yoga life.

### Sharifat

To be in humility, to renounce pride, being "no-body", remaining incognito and anonymous – is being a Sharif. Like remaining in quiet Tapas without any conspicuousness. That is, to wait in wisdom without wanting anything.

#### Marifat

Dying (Mar jana) to the separative psych "I" from moment to moment is to be in living Intelligence.

## Haquikat

Real "I" is not an individual, but the whole humanity, Universality. It is divinity without any division whatsoever. This is Ishwara-Pranidhan of Kriya Yoga.

Religious revolution brings about a natural state. It is ending of "I" and emergence of Intelligence.

Political revolution brings about a powerful state with promotion of "I" all around and perversion of in-fights.

Choiceless awareness is not indecision. It is renunciation of choices of the selfishness.

Yauda Aham, Tauda Bandham Yauda Naaham, Tauda Moksham

Where there is "I", there is bondage. Where there is "no-I", there is freedom.

Jai Saint