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Pavel Bania (Bulgaria), 25 April 2012

Tribute to Tagore on Gopiji's birthday

*Mor Veena Othey Kon Surey Baaji, Kon Naubo Chauncholo Chhaundey.
Maumo Auntauro Kompito Aaji Nikhilero Hridoyospaundey.
Aasey Kon Toruno Aushanto, Urey Bausonanchaulopranto ---
Aalokero Nrityey Baunaanto, Mukhorito Odheero Aanonday.
Aumboropranonomaajhey Neehswauro Monjiro Gunjey.
Oshruto Sei Taaley Baajey Kaurotaali Paullobokunjey.
Kaar Paudopauroshauno – Aashaa Triney Triney Orpilo Bhaasaa ---
Someerauno Baundhonoaaraa Unmauno Kon Baunogaundhey.*

One's veena (sitar) mysteriously and suddenly began in a melody and in a wonderfully live-rhythm of resurrection! And one's inner being starts oscillating in resonance with the energy of eternal emptiness!

A vital discontent to blast into Divinity (Freedom from mental pre-occupations) is dawning, devastating all doubts and depressions.

A dance of light and life begins, with tremendous ecstasy and euphoria!

An intensely silent murmuring in the court of the King-eternity is just happening for no reason whatsoever!

And leaves of all trees are clapping with tears of joy as dew-drops!

One is desperate to touch Some-one's Feet walking incognito on the tender and delicate grass-leaves.

And the wind is blowing, wildly carrying a strange intoxicating fire of fragrance, which is reducing the myth called mind into the ashes of Awareness!

Advice from the Guru Process:

- 1) Just be open. Don't live in the past. If you must, then do live in the past, but don't struggle. When past floats up, look into it, not pushing it away nor holding on to it
- 2) Be alert in the movement of thinking passively and patiently, dissolving the dichotomy between 'thinker' and 'thought' --- thus awakening the Awareness in which there is no division and therefore Divinity.
- 3) Be intensely sensitive and be alert and pliable in watching without any interference from the watcher. Watch in the dimension of wisdom --- not in the dirty and wicked activity of the watcher.
- 4) Be alone; not always with people, with thoughts, with hopes and expectations, with images and imitations, with hypocrisy and hidden motives, with remembering and recollections, with fancies and fantasies, with fears and anxieties, with guilt and gullibility, with various stupid activities of ego-strategies.
- 5) Shut yourself in a room, give rest to your 'you-ness' to resurrect in the REAL YOU which is nothing that you think you are! Love is this aloneness. Rise in Love; don't fall in love.
- 6) Be simple, clear and quiet inwardly and then YOU ARE THE FLAME --- which may ignite the fire to burn the false fragmentation in your inner being!

- 7) Don't ask for more of the mind, be in the lore of life. When you (mind) ask for more, you are more fearful and painful. Live uninfluenced, even though everything and everyone around you is trying to influence you and subtly to impose upon you. That is the name of the game in the political, religious and 'spiritual', 'healing' market-place.
- 8) Be free from psychological registrations and compulsions to be free from conflict and pain, resistance and acquisitions.
- 9) Be the flow of river of life --- not the net of the mind holding the things of the river, discarding and demanding. Let there be no net --- only river! No net of time and space, here and there, happiness and unhappiness!
- 10) Play with the deep. To perceive 'what is', there must be the spirit of intelligent revolt. Be in a state of negation to bring its own positive action par excellence.

Blessings to Gopi Menon