

## Message 265

Paris – France, 14 July 2013

### Episodes of mind.

1- A disciple-process wrote a Swadhyay on the phenomenon of mind thus: ---

a) It is corrupt and it corrupts --- it is in ruptures, in break-ups, in divisions, in dualities, in the corridor of opposites. So be available to choice-less awareness --- holistic and non-divisive --- from moment to moment. This is Life, Divinity, 'No-mind', that is, --- the mind totally transformed to function appropriately in the technical world of performance of daily duties.

*Shuklkrishney Gati Hyete,  
Jagatah Shwashwatey Matey;  
Ekayaa Yaatyanaabrittim,  
Anyayaa Bartatey Punah.  
(Bhagwat Gita VIII/26)*

*Naitey Sritee Paartha Jaanan,  
Yogi Muhyati Kashchana;  
Tasmaat Sarvesu Kaalesu,  
Yogayukto Bhavarjuna.  
(Bhagwat Gita VIII/27)*

b) - Mind is stupid and cannot see its own stupidity. To understand this, is to usher in the awakening of Intelligence.

c) - It is vicious and thus cannot be virtuous. It is divisive in a network of 'what should be's' and, therefore, cannot have the discrimination of being in 'what is'.

d) - It is cancerous and builds on its own continuity until it destroys life.

e) - It cannot remain hidden long. It exposes itself in spite of its attempts to cover up through borrowed ideas and jargons. It expresses itself through its contradictory activities.

f) - It is indeed a danger when it is under the garb of humility and piousness.

g) - It blinds the eyes through the enormous activity of 'I-ness'.

h) - It is full of contradiction and cannot contemplate on its contradictory activities.

i) - It justifies and jargonises with all its (mind's) pleasures & sufferings without any sight of the joy of Life.

2- In Ahamkar ('I-ness'), 'ha' is the emphasis of the ego. When this goes, it is amkar or omkar, that is, the symbol ॐ, the pure vowel sound of silence, the 'Is-ness', the bliss and benediction of Chaitanya or Intelligence.

3- This ॐ is 'Yagnya' --- the fire ceremony. 'Yagnya' means 'Yatharthaa Gnyaan' --- knowing 'what is' --- not

the borrowed knowledge of 'what should be' from clever books or clandestine scriptures with their intriguing interpretations. 'Gnyaana', means 'Gnyaata se mukti', that is, 'no-knowledge' or the advent of knowing and perceiving directly in one's own being. This is a radical transformation --- not repeating travesty of the mind by which one pretends to 'know' and has the pride and pleasure of 'knowledge' --- but knows nothing whatsoever!

4- Knowing is Fire. Knowledge is water. Fire moves up in the sky --- the emptiness, the wholeness, the Holiness. Fire cannot be polluted (by the contents of the mind). All pollutions are burnt out in the fire. Water moves downward and it gets polluted. That is why water is used in Puja (ritual) which is of the mind whereas fire is used in Paraapuja (spiritual) of the fire-ceremony (Yagnya) of 'no-mind'. Fire makes the false to vanish for the verity --- the vastness --- to be. It is the ending of the ego that never was, except as an entanglement with the false fragmentation in the inner being.

5- Krishna's 'Sakhis' (female companions) actually means 'Sakshis' which is the process of witnessing without the dichotomy between the 'watcher' and the 'watched'. 'Sakshi-Bhava' is the Laya Yoga teaching no.2 in the Teaching paper of the Kriya Yoga Initiation Program. When one is a Sakshi, there is the awakening of Intelligence --- Chaitanya --- Krishna.

6- A beautiful Sufi dance was performed by a Kriyaban-devotee at the Mountain Retreat in Bulgaria. He was initially in a black robe representing the darkness of duality in human consciousness. He took off the black robe and kept it aside and then kissed the right palm of the Teacher. Inside was a pure white costume representing light of Life, the Divinity, the non-divisive Awareness. The long cap which looks like the tombstone of Muslim graves, is the symbol of the death of the mind and awakening of Divinity. It also indicates that in death, only the mind dies. Even the body in the grave, does not die! It starts flowing in new streams of Life such as insects, plants, fertility of the soil giving rise to food-crops and so on! Sufi dance sends the message that for the freedom from the mind, one need not wait for the physical death. One can die to the mind and blast in the dimension of 'No-mind', even during one's life-time. Dance is an art-form wherein there is no division (between the dancer and the dance). And there is indeed the Divinity in the absence of divisive consciousness! That is perhaps why the Hindu Divinity Shiva is also called Nataraja --- the King of dance or the Supreme Dancer.

7- A young Bulgarian Kriyaban told the following beautiful story of a tree:

A tree was asked "What is the meaning of life". Reply came as a cool breeze through the tree.

Again, the question was repeated, this time the answer came through the fragrance of the flowers.

The question was asked again, but soon forgotten. The person started eating the delicious fruits forgetting the mind and its stupid question. But one could hear the tree whispering: --- "The purpose of life is to live.

Living is the one and only meaning of life! All other meanings discovered by priests (mind) and popes are just stinking shits."

8- On Gurdjieff

a) Gurdjieff was always in a state of finding something which nobody was interested in to find, and which was beyond all the stupid things the people were amused with. His grandmother and father were very special people with a different energy of understanding and naturally these gunas had descended in the body of Gurdjieff. When his grandmother was dying, he asked her to tell him something very special which may be perhaps useful to him. His grandmother said: "Yes. Never imitate anybody in anything. Don't be a run of the mill". The grandmother wanted to test whether he had understood or not. She told him to eat the apple that was there. Gurdjieff was silent for an instant and then he took the apple and looked at it intensely, then smelt and then slowly started eating it. His grandmother was full of joy and said that she felt assured that her

grandson was indeed special.

b) When his father was dying, Gurdjieff asked him to tell something important. His father said : "Whenever anybody is insulting you, abusing you, just make a decision that, you'll reply to this and will take revenge for this, only after 24 hours." Later in his life, Gurdjieff said that he had received many criticisms, much laughter, much ridicule, but he always remembered the promise he had made when his father was on his deathbed and would simply say that he would respond to this after 24 hours. And the result was that, after 24 hours, there was no need to react to all such idiotic things. Only in very few cases, he had to explain, not as a reaction, but just as a response.

c) There is another beautiful story about Gurdjieff. Once he made an experiment with regard to 'aloneness' with thirty of his disciples in an ashram type place where people could stay together. He announced that there would be absolutely no communication of any type under any circumstance, no talk, no gesture, even no expression on the face, just nothing. And his instructions were that this experiment was to last for one month. Much before the end of the period, 27 people ran away as they found it impossible to remain without communication. Gurdjieff later explained that these people just left because their ego could not be gratified by the others. Among the three people who remained, Uspensky was one. He was the greatest disciple and successor to Gurdjieff's energy of understanding and he wrote many books. It is very difficult to be in the energy of aloneness which is indeed the energy of understanding. Aloneness is possible without feeling loneliness.

9- Let us ponder on this suggestion from J. Krishnamurti: ---

"The first step is the last step. The first step is to perceive --- perceive what you are thinking, perceive your ambition, perceive your anxiety, your loneliness, your despair, this extraordinary sense of sorrow. Perceive it without any condemnation, justification, without wishing it to be different, just perceive it as it is. When you perceive it as it is, then there is a totally different kind of action taking place, and that action is the final action. That is, when you perceive something as being false or as being true, that perception is the final action, which is the final step."

10- One may utilise the self (mind and its choices) by still remaining wakeful to Self (life) --- it is not necessary to disregard the mind which is useful in performing the daily tasks.

Thus self (mind) can be a friend to Self (life), but on most occasions, self (mind) becomes an enemy of Self (life) and keeps the Self dormant by promoting the dominance of the shoddy little self. (Bhagawat Gita VI/5).

This message had to be written due to a strange behaviour of one devotee (?) which disturbed some fellow Kriyabans. It is being issued on the happy occasion of the birthday of Ajay, who is in a state of Surrender.

*Jai Surrender*