Energy of Understanding Some Perceptions:

- 1) A religious place, centre or shrine does not comprise of mediocrities. It must be a place of deep energy, understanding and love. Honourable Sultan here is a man of deep insight, truth and tolerance. He was educated in India wherefrom he got his first University Degree. In England, he received his further Post-Graduate education. Here in Muscat, Hindu temples not only exist and function but even Muslims pay visit and offer coconut there (a symbol of surrender of ego)! It is a coincidence that this message is being written in a Holy Muslim Country with a Holistic, Non-Divisive and Divine Energy of Understanding. It is also a coincidence that exactly twelve years ago; a horrible crime ,unprecedented in history, was committed on this day due to terrible entanglement with fragmented 'religious' undertakings of the mind.
- 2) 'Had been' perpetuate in 'would be' and the Holy 'being'---- existential and eternal energy of life and love the 'no-me'- languishes in the lurch.
- 3) Cessation of this desire to change 'What is' the awareness choice-less is the gateway to godliness with all its peace, protection and prosperity.
- 4) Beauty and benediction is, when self is not, 'I' is not; except as a practical reference point for performing the daily tasks.
- 5) Dying to psychological formulations and fragmentations from moment to moment is indeed the Living in fun and fullness every moment.
- 6) Mental entanglements change; the most Sacred Existence is Changeless in spite of constant renewals.
- 7) Look at the place where the treasure is, the truth is, that is, the messages which are not from the mind!
- 8) Silence is limitless the silence that emerges when ego-centric activities are not. Watch the movement of 'me-ness' without a 'watcher' interfering with its 'I' hiding behind! Then the supreme Silence surfaces which has nothing to do with the shoddy little contrived silence of the spiritual market.
- 9) Meditation is not repetition of words, picturisation of images or cultivating virtues from various vulgarities of the mind. Meditation is not self-hypnosis, nor is it going into a coma by taking 'Somarasas' or modern drugs which are enemies of life.
- 10) Meditation is the death of the darkness of the mind to be in the dawn of the Light of Life.
- 11) Limitless Silence is not an experience --- it is the Sanctity of Existence.
- 12) Compassion is the tremendous intensity of 'I-less-ness', not 'Idleness'!
- 13) Meditation is not concentration of the mind it is the whole-hog consummation of the mind.
- 14) Meditation is not sedation. Prayer seduces and sedates artificially.
- 15) Fanciful desires of the mind generate illusions, conditioned reflexes and all kinds of fakery.
- 16) Prophet Mohammed was an Apostle of Non-Accumulation, of Non-Promotion of the separative psyche 'I'. For Mohammed, 'He' is the Wholeness, the Holiness.

Jai Oman. Jai Mohammed.