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A wonderful Bengali rhyme!

During the recent retreat in Delhi in India's national language (Hindi), a Bengali Kriyaban participant was requested to write a message when the teacher became eloquent while chanting spontaneously a children's popular rhyme from Bengal which reveals the symbolic Hanuman (Devotion) phenomenon so beautifully. The message is presented below. The energy of understanding in the being of this Kriyaban is indeed outstanding.

Recent scientific research on animals have brought to light many facts that were earlier unknown. Contrary to popular belief animals display behaviour that is almost identical to humans; here by behaviour identical to humans, it has been meant the behaviour due to separative activities of the psyche. These are seen to be the strongest in vertebrates, that is animals with a backbone. The straighter the animal stands and moves, the stronger is its "I-ness"(separative activities).

Of all the vertebrates, primates (i.e. animals belonging to the ape family) display maximum separative activities. Primates display social patterns similar to humans, indulge in warfare and killing for ego-gratification. However, humans developed a neurological defect of "following" and "becoming" through evolution, which is absent in our ancestors, the primates.

There is documented evidence that a chimpanzee (who shares 98% - 99% of human genome and is closest to human beings) mother teaches her child to forage but the child uses the basic techniques to develop its own technique of foraging. Each primate develops its own style of doing everything. Thus, primates are not caught up in the trap of "following".

It has also been found that of all the primates the manifestation of "I-ness" is much reduced in monkeys. The difference between monkeys and other members of primate family is that monkeys have tails. The ancient sages of India who saw everything as it is, thus, found that a monkey, does not follow and is thus free from the process of 'becoming'.

A true Shishya (discipleship process) learns all by himself, by seeing and listening to the Guru process. Krishna, who is wisdom in its wholeness without any division whatsoever, only revealed the truth for Arjuna to be perceived by and for himself.

Human beings are in a state of perpetual "following" and "becoming". "Following" and "becoming" is possible when there is a division of "superior" and "inferior". We follow someone whom we consider superior to ourselves and feel a false sense of security in it. We think the other person being superior is always right and does

everything best and by following him one can do no wrong and also become "successful". In matters spiritual, we are too lazy to understand by and for ourselves.

There is a Bengali rhyme for children called "Aari Aari" which is given as follows.

«Aari aari aari, kal jabo bari, porshu jabo ghaur, hanumaner lyaj dhore, tana tani kor».

The essence of the poem is that human beings are always caught up in argument and division. This is causing disputes, wars and other hostilities. We are dividing ourselves into nations, communities, groups, cults and sects. This is also creating the psychological time of "becoming". Thus, we are forever caught up in fragmented consciousness, with "I", "I", "I" and "You", "You", "You". But it is advised to hold onto the tail of Hanuman (not become Hanuman), the symbol of discipleship and devotion and then perhaps one can be available to a state of absolute wholeness and holiness.

The message of the Hanuman process is : Do not follow or become ; just be. That is what is to be established in "Sahjavastha" or "Swarupe awasthanam" or "Kriyaparavastha" or "Natural State".

Jai Parabastha