

## Message 296

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### Gita Verses 16.1, 16.2, 16.3

It is wonderful that in the above three verses, following virtues have been noticed in a human being who is in the vitality of Life:

1. Freedom from the corruption of fear (Abhayam).
2. Energy of Pure being-ness of life and love. (No tendency to slip into the becoming-ness of 'I' (Satwa-Sanshuddhi)).
3. Committed to direct knowing (not borrowed knowledge) and to perception of holistic awareness (Gyan-Yoga).
4. Order and Sequence (Vyabashtiti).
5. Charity (Daanam).
6. Austerity-simplicity (Damashcha).
7. Dissolution of divisive consciousness (Yagnashcha).
8. Meditation on self-centered activities (Swadhyay).
9. Practice for health and wellness (Tapa).
10. Uprightness & straightforwardness (Arjavam).
11. Non-violence, not hurting (Ahimsa).
12. Facing 'what is' (not slipping into 'what should be') (Satyam).
13. Absence of anger (Akrodha).
14. Renunciation (Contentment) (Tyag).
15. Serenity (Shanti).
16. Absence of calumny (Apaishunam).
17. Compassion for all (Dayabhute).
18. Non-greed (Aloluptam).
19. Modesty & gentleness (Mardavam).
20. No fickle-mindedness (Hirachapalam).
21. Vigour from veracity (Teja) (Not excitement from the vulgarity of mind).
22. Forgiveness (Kshama).
23. Fortitude (Dhriti).
24. Cleanliness (Soucham).
25. No malice, no reaction (Adroha).
26. No vanity (Natimanita).
27. The above are assets and adorations of those who have a divine destiny (Sampadam Daivim) and a decent dignity (Abhijata).

Harsh suppression and conformity inflict brutal violence on our finer sensitivities and subtle perceptions. Can one live and love without the tail of conflicts arising from jealousy, possessiveness, suspicion, fear and the constant demand for reassurance? These are the notoriety and nightmares of the mind. Be available to profound comprehension --- not merely gratifying concepts & conclusions.

One will remain violent as long as one keeps indulging in 'becoming' under one pretext or the other. The practice one adopts to reach 'being' is also a 'becoming' phenomenon! Wanting in any form is a 'becoming' process.

Youngman becoming an old man is OK. Morning becoming evening is also OK. But psychological becoming is havoc for human beings. Anything one does to put oneself in the 'state of being' is still a psychological becoming phenomenon. Inaction is the highest form of Action in this regard!

What is important is : ---

- I. A new one world altogether, not just a better world.
- II. Not an idea of freedom, but an insight into the dimension of freedom from fragmentations in our inner being.
- III. Not merely utopian dreams, but understanding of the division-free awareness which is Divinity.
- IV. Not merely entanglement with Internet, but also enlightenment through «Inner-net».

Upanishad points out “Abhayam Bramha”, that is, Freedom from fear is Flowering in Divinity.

**Jai Bhagawat Gita**