

## Message 346

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### Plato's vision

*“Humanity is in a condition of public war of every man against everyone, and private war of each man with himself”*

Plato, The Laws, Book 1

We have been saying that mind is the enemy of Life, except for performing technical tasks of daily necessities. Due to the mischiefs of divisive consciousness (mind), of the separative psyche “I”-ness, humanity is in a destructive situation inwardly as well as outwardly. This was so beautifully pointed out by Plato long ago, as stated above, but still we do not listen; do not wake up.

When the part is extolled, eulogised and glorified, then Life-Love-Relationship become hypocritical, confusing and contradictory. Man has used scientific knowledge not only for his benefit, but also to manufacture instruments of war and pollution of earth. The intellect is not capable of putting an end to its decline, hence the need for awakening in meditative awareness. That is why Retreat based on Messages is organised by sensitive and enthusiastic Kriyabans at so many places, from time to time, whenever possible. Retreat is for reading the book of yourself. The art of learning comes when the ghost of comparison and competition is gone for ever from the human psyche. The book has to be read in our relationships, in our reactions, in our borrowed concepts and values. This book is the very centre of our being and learning means to read this book with exquisite care. In the endless movement of psychological time, human beings are caught. This is our conditioning. And that is why we are never tired to point out that **FREEDOM FROM TIME IS THE GREATEST ENLIGHTENMENT**. It is not an escape into fantasies and mystical experiences of gods and heavens.

There is a way out. It is not the avoidance of the conditioning, it is not the suppression of it. It is the dissolution of the conditioning. When there is total attention, there is no “I” but only pure observation of what is actually going on.

In dialogue we explore and observe (together) the assumptions, values and intentions that control our behavior. It facilitates group learning in a spirit of friendship.

**Jai Plato!**