## Message 364

Paris, France 27.4.2019

## **Intense Message**

Four Pointers from Lahiri phenomenon:

- I There exists abundant sorrow due to myth mind's various escapes through its cunning & hidden pursuits of gratifying pleasures in several subtle ways.
- II Divisive consciousness (mind) consisting of desire, fear, animosity, anger, dependency on belief-systems and the enormous conditionings thereby; are maintained in this dark corridor of opposites consisting of pleasure-sorrow syndrome.
- III It is possible to come out of this dark corridor of the mind and dance in the delight of Life-Love-Divinity.
- IV Tapah-Swadhyay-Ishwara Pranidhan (Kriya-Yoga)- the intense 3-days' Initiation program of the main Lahiri lineage is **the way the wisdom.**

Jai Sages Kapil-Patanjali-Vyasa.