

Message 366

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Is there any remedy for the mind?

LIFE gets connected in the Body at birth and a sample of mind and its contents emerging there-after is revealed below, in this beautiful story.

Man: Ah, God?

God: Oh, yes!

Man: May I ask you something?

God: Of course!

Man: What is for you a million years?

God: A second.

Man: And a million dollars?

God: A penny.

Man: Oh God, would you kindly give me a penny? Please!

God: Yes, my dear. Just wait for a second!

During “Swadhyay” teachings of Kriya Yoga, it is explained very clearly that contents constituting human consciousness are the only consciousness — there is no such thing as ‘super-consciousness’, ‘God-consciousness’, ‘flash of God’ and other phoney baloneys of the ‘religious or spiritual market’. Contents of the memory arising from sensory perceptions, environmental influences, cultural inputs and conditionings split, giving rise to an ‘I’. This split is helpful in technical matters as this ‘I’ functions as co-ordinator and helps us to utilise our technical and practical knowledge for day-to-day activities. Unfortunately, the same split is a disaster in respect of inner contents of the consciousness, such as greed, fear, jealousy, anger, arrogance, dependency on religious belief systems for solace and several subtle others. Why? As in this situation, ‘I’ functions as the protective mechanism of all such mental pollutions. Disappearance of this inner split is the dissolution of these mental pollutions. Then a division-free-awareness, Divinity, may advent in a human’s inner being, revealing the Life and thus releasing humanity from the stranglehold of the myth called ‘mind’ in spite of its functional validity. Here, therefore, non-action of ‘I’ is the greatest action. Surrender of the darkness of the ego is the sunrise of enlightened existence. A spiritual teacher pointing out this veracity is considered a villain!

It is unfortunate that sometimes married Kriyaban-couples are also found not to respond adequately to the challenges posed by mind-ego problems and they hurriedly rush for divorce. Kriya Yoga invites us to face every situation of day-to-day living with the immense vitality of pondering, patience and perseverance.

This message, inspired by a long-time Bulgarian Kriyaban through an interesting humorous story about God, has emphasised the essence of Kriya Energy of Understanding and wisdom.

Jai Bulgaria