

Message 379

Paris, 2 March. 2020

Sharing sorrow with a disciple doctor whose elder doctor-sister dies young (54) after a severe struggle for survival under best medical care in the best hospital of the capital city of an Indian state.

1. Love has no emotional entanglement. One can think about the person one ‘loves’, but this thinking, this thought is not LOVE !
2. We destroy ourselves by our moods, our elation, our deep depression. We are too proud to examine ourselves. We manage to make everything someone else’s or god’s fault. How little we know of Love, of its extraordinary tenderness and energy. How easily we use this sacred word ! The butcher uses it, the rich man uses it, and the young boy and girl use it. Do we know its vastness, its deathlessness, its unfathomability ? To Love is to be aware of Eternity. Love is not a process of thought and thinking, not of calculating, judging, weighing and adjusting. Let sensory values not predominate over eternal values. **Let the veracity** of Love & Life perish the vulgarity of ego-centric activities in the form of vanity and vested interests.
3. Life is never born, Life never dies. The body-mind has the beginning as also the ending. Never misuse the body for the gratifications and the silly pleasures of the subtle body, which is mind. Don’t run into intoxication in any form — gross or subtle — to invite death.
4. A series of beliefs, of dogmas, of rituals; of superstitions, of worship of idols, charms, are supposed to constitute religion, as we generally know it. Our truth is our projection which gives us a concept of the deathless state. Our mind stagnates in this state of our divisive consciousness, without allowing us to awake in the sanctity of the Division-free Awareness or Divinity. Behind all this, lurks the ‘I’-ness — growing-expanding, aggressive, dominating — never allowing us to be available to the bliss and benediction of ‘Is’-ness — the ‘Other’-ness, the Omni-presence, the Natural State. True religion does not separate man from man. A religious awareness has no belief whatsoever — only an intense understanding of ‘what is’ in the dimension of Life and Love.
5. Religion is the feeling of Goodness, seeing the beauty of Goodness, the Godliness, here and now ! For there is no ‘God’ out there ! Knowledge and wisdom do not go together. Wisdom comes when there is the maturity of the process of self-knowing — the Swadhyay Process in Kriya Yoga.

Jai Self-knowing