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Synopsis of 'Vedanta Treatise' by Swamy Parthasarathy (a multi-disciplined academic scholar as also a post-graduate from London University)

1 - *Veda* implies knowledge. *Anta* means ending. *Vedanta* indicates that **freedom from knowledge** leads to **flowering in knowing, directly by and for Oneself**.

2 - **Perception** of 'what is' — the truth — takes place in the blood-cells and bone-marrow of the human body, when One's mind is **free** from beliefs, borrowed concepts and various conditionings.

3 - It is wise to live in a state of **renunciation in action**. Renouncing activities for the needs of daily living is not wisdom.

4 - Vedanta transforms emotional and ego-centric activities of the mind into **Pillars** of Love and Life in Division-free Awareness or Divinity.

5 - Let our home be the holy **center** of human affection — not its boundary.

6 - Vedanta teaches us to be human — not Hindus, Muslims, Sikhs, Christians, Jews, Capitalists, Communists, Buddhists, Taoists, Maoists, Zorastrians and umpteen others.

7 - Vedanta enables us to realize the **essence** of Holy four Vedas.

8 - 'Civilized' people without the **process of Self-knowing** (Vedanta) are perhaps 'Cruel' and 'intelligent' savages.

9 - These savages live in 'Spiritual slums', popularly known as "Great Gurus' Ashrams" !

10- Vedanta gives humans a lift to their real identity.

11- And then they can lift the world.

Note : Spiritual practice and knowledge of Kriya-Yoga in the three dimensions are :

- 1) '*Saamkhya*' of Sage Kapilacharya, known as '*Swadhyaya-teachings*'.
- 2) '*Yoga-Sutras*' of Sage Patanjali, known as '*specific Kriya Practices*'.
- 3) '*Adwaita Vedanta*' of Sage Vyaasa known as '*Ishwar Pranidhaan*' teachings.

Purpose of Kriya-Yoga is to be available to the truth of 'Is'-ness, by denying the activities of 'I'-ness.

Jai Swamy Parthasarathy