Life Teaching from Water

During the Sunday Satsang of January 9, the Guru asked a disciple to make a Message out of the understanding that he, the disciple, had had in his body in respect of water available in his housing complex.

When I moved to the city I am living in now, I found the water to be very hard. The excessive hardness adversely affected several areas of our life; faucets (which were choked with the deposited salts) needed to be frequently repaired, the high hardness led to hair fall, vessels washed in this water also had salt stains on them. Indeed, this water would have been harmful for our health in the long run.

While discussing this problem with a water specialist, I asked him if he could reduce the hardness of the water to zero so as to make it the best water available. He smiled and said it would be possible, but not advisable as such water would not serve even the simplest of purposes such as washing of hands and would be equally harmful for health as water must provide the body with some salts also. It is the balance of the water's composition that helps in maintaining its usefulness for day to day living.

The words of the specialist awakened the following perceptions:

- 1. Water is a connection between Life (in nameless, formless state) and existence of material things as living beings. To serve its purpose, it must not be too pure or too impure.
- 2. The separative mind-ego complex in humans too, are like the salt in water. Complete absence of separativeness would mean complete inability to function in day to day matters, and only mind-ego functioning with all vanities and vested interests; without perceiving the veracity of Life, Love, Divinity, that is, Division-free Awareness; would lead to death and destruction of this world.
- 3. When the grace of surrender (let-go, no-mind) is in the body, awareness is high and even when the mind is occupied in mundane matters, there is the Awareness Sacred & serene.
- 4. Just as each of these Messages are verbalisations by the disciple, so too are the scriptures of all religions that are handed down through time, Understanding all this, in the body, in the blood cells and bone marrows requires the same surrender in the reader's body as was there in the writer's. Otherwise, reading and quoting from messages are merely mental gratification.

Jai Wisdom of Surrender