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Maha Navami –Varanasi, India, October 25, 2001

Twenty Five Diamonds Discerning Prayer and Meditation

1. Prayer is sensuality. Meditation is sensory perception.
2. Prayer is experience. Meditation is existence.
3. Prayer is promotion of separative consciousness. Meditation is silence of separative consciousness.
4. Prayer is expectation. Meditation is emptiness.
5. Prayer is ego-gratification. Meditation is ego-annihilation.
6. Prayer is escape from what is. Meditation is freedom from what is.
7. Prayer is excitement and entertainment. Meditation is energy and euphoria.
8. Prayer is begging. Meditation is benediction.
9. Prayer is hope. Meditation is holy.
10. Prayer is advice and agitation. Meditation is Ananda & Amen.
11. Prayer is disturbance. Meditation is divine.
12. Prayer is priest - craft. Meditation is profound consciousness.
13. Prayer is fragmentation of fancy. Meditation is fortitude of fullness.
14. Prayer is intellectuality. Meditation is intelligence.
15. Prayer is sentimental. Meditation is non-mental.
16. Prayer is pre-occupation. Meditation is presence.
17. Prayer is inhibition. Meditation is innocence.
18. Prayer is obscurity. Meditation is omniscience.
19. Prayer is greed and fear. Meditation is great flight into eternity.
20. Prayer is sedative. Meditation is sanity.
21. Prayer is activities of mind. Meditation is action of 'no-mind'.
22. Prayer is sub-servience. Meditation is surrender.
23. Prayer is duality. Meditation is non-duality.
24. Prayer is agitation. Meditation is austerity.
25. Prayer is fantasy and fashion. Meditation is farewell to all such futilities and foolishness.

Jai Guru