## Sat Guru

A Shishya (disciple) has communicated the profound Swadhyay that happened while waiting as his car was being washed. It was indeed a joy to receive this communication.

- 1. Coming upon a Sat-Guru who sows the seeds of a process which leads to freedom from the stranglehold of One's psyche's mischiefs, is indeed a Grace for the Shishya.
- 2. The Rudra (fire) of the Guru burns the myths and mischiefs of the divisive consciousness 'mind-I' of the Shishya, retaining only its practical aspects such as memory, intellect, balanced emotion and subtle ego.
- 3. Guru may share the process, but for a Shishya to be able to share the process and remain therein is a Grace.
- 4. Dependence on the Guru is mind, while being in the Shishya process is Grace.
- 5. A Shishya walks on the process indicated by the Guru, by the Grace bestowed on him/ her by the Guru-Process.
- 6. Deserving and receiving the blessings, is also the Grace of Guru towards the Shishya.

Jai Guru-Shishya Process