

## Message 475

Paris, 18 April, 2023

**Full Heart — Empty Mind  
Total 'Is'-ness — No 'I'-ness  
Being — Not Becoming**

This is a state, a dimension wherein there is no belief ; no image about oneself or the other ; no secret motive based on vested interests or vanities  
!!!

Being is in the energy of understanding, without any mental undertaking whatsoever !!!

Life is in full wakefulness, mind is wiped out !!! A benediction of me-deletion, without any me-dictation whatsoever !!! Brain-Memory-Intellect thus functions in full swing. Truth has no abiding place and is to be seen from moment to moment ; without continuity !!! There is no Guide (Guru) to Truth. Find Truth, moment to moment, by and for yourself ; and live It. Thus, inwardly, be a complete revolutionary ; not belonging to any class, to any nation, to any group or ideology, to any organized religion – free from all conforming. Truth is not in the temple or church or mosque. Truth is not to be found in the things made by the hand or by the mind. See the false as the false for the natural flowering of Truth !!!

**And the Truth is - "You" are NOTHING !!!**

**Jai Nothingness**