

Message 478

Paris, 24 April, 2023

An wonderful Perceptive Process, communicated by a versatile Disciple, dedicated to the veracity of Kriya Yoga.

In an intensive quietness, there is an Awareness of a movement wonderful. An energy of compassion vibrates and plays in joy. Universes, galaxies, stars, planets, molecules, atoms, subatomic particles everywhere — all included in this pulsating energy.

Virus, bacteria, insects, reptiles, mammals, apes, human beings — all moving, rising, falling, feeding, defecating. All this too, pulsating in the same energy.

In this enormous Silence and Quietness, there is an awareness of time and space as also thoughts galore of human beings. But ultimately, nothing — ‘the no-thing’, no ‘I’, none-ness, ‘no-one’-ness, just ‘Is’-ness remains along with the pulsating energy enormous. There is nothing to be done or not done — being outside the chain of cause and effect — A GRACE supreme indeed !!!

Jai Grace