

## Message 487

Paris 7.6.2023

### **What is intellect and how is it different from intelligence ?**

*During the Sunday Satsang of 4.6.2023 a question was asked about the difference between Intellect and Intelligence. An example was given then, but not elaborated. The following Swadhyay then happened.*

Intellect is a characteristic of the human brain that processes information stored in its memory. 'Intelligence', as commonly understood, is the quality of the intellect.

However, the Intelligence we talk about in Kriya Yoga is disembodied and is not a product of stored memories and experiences; however good and sharp the brain may be.

Meditating on Patanjali, in Samadhi Pada, it is beautifully clarified that

1. With sincere dedication and trust, a body in good health and with a good intellect, wherein swadhyay is happening; one can be in a state of equanimity; with the ability to see the falseness of the "I", in spite of its validity for daily living.
2. In that state, there will be the urge to be in excellence. This urge is not a desire that is a product of mind. This urge is not the 'urge' a drunkard feels for a drink. There is no seeking here. This urge is the consequence of a state of choice-less-ness and is indicative of a state of readiness of the body for the awakening of Intelligence.
3. When this state leads to an emptiness of mind, Intelligence begins to awake; for the wholeness, holiness and freedom to manifest. The moment we (mind) want to become something, we are no longer free. Being is the bliss and benediction of FREEDOM.
4. In a body in the state of equanimity (energy of understanding), the intellectual capacity is less likely to be contaminated by mind and ego and the mischiefs thereof. However, it is still a product of the known.
5. Until the activity of psychological maneuvers of 'I'-ness is stilled sufficiently, this will continue unabated. Kriya Yoga in its three dimensions of Swadhyay, Tapas and Ishwara Pranidhan is the best remedy for psychological imbalances.

When Einstein discovered the theory of relativity and refined Newton's theory of gravity, it did not happen through a journey from the known. In fact, according to the history of this discovery in his biography, it is recorded that the mathematical formulations were done later. It was, therefore, a direct penetration of Intelligence in him, as his brain was ready for receiving it.

On the other hand, the success of India's space mission to Mars is an example of very high quality intellect. Everything required for it, was developed from the known, by the intellect.

**Jai Intellect - Intelligence.**