

## MESSAGE 52

Vincennes, France, November 14, 2002

On «Satyalok» - The dynastic Kriya-Yoga Shrine in Varanasi (India).  
Statue - The Giant Shiva-Linga (symbol of cosmic orgasm).  
Statues - Lahiri's (Shyamacharan, Tinkori, Satyacharan – greatgrandfather,  
grandfather and father of Shibendu Lahiri).

Satyalok is the live-temple; it is a laboratory wherein we learn to live and let live, to be open to life, to be in love with the most sacred whose sanctity is unfathomable. Here we are in actions of perception and not in the perpetuation of the protective mechanism of the mind which are obviously reactions. Here we do not encourage self-promotion or self-expansion under the pretext of self-realisation. We are not self-obsessed in the name of self-discovery. We do not indulge in subtle selfishness under the disguise of self-growth. We have here men in order, not men to order. We are organised, but we do not have any organisation, cult or sect. We have inspiration and motivation; but no institution, nor any motive.

We have surrendered, but there is no subservience. We are free absolutely and unconditionally. This freedom is not for us; but from us, that is, from our "I-ness". Here, "no-mind" is the energy of understanding. The petty mind with all its cravings, timidity, dependency and attachments; is not so important at Satyalok. There is peace here, not pacifiers of the spiritual market. There is tranquillity here, not tranquillisers of the drug market. Faith here is flame, not fetters. Vulnerability here is tremendous vitality. Belief here is not a bondage, nor a burden, not a bigotry, nor a battle; it is bliss, benediction and beauty at Satyalok. The Kriya-Yoga here is authentic; not authority-wielding, nor making any stupid and wild claims of the spiritual mall. The atmosphere here is calm and cool without any tendency towards publicity and propaganda. Satyalok is very low-profile, almost incognito and anonymous. Here the separative consciousness (mind) generated by non-stop churning of thought, is blasted from time to time enabling us to have a glimpse of the "otherness". At Satyalok, we do not seek solace and satisfaction, nor we look for palliatives and postulates. We do not even seek God here ! All seeking and craving, all desires and demands perhaps come to an end in the energy of holy existence here. We ourselves become temples as our expectations are emptied, our hopes vanish into holiness, our seeking of redemption is renounced. At Satyalok, mind is only a measure of life, but "no-mind" is indeed the meaning of life.

Nine fundamental questions that we ask ourselves at Satyalok are :

- Is it possible to live without relying psychologically on any authority – external or even internal such as one’s own experience ?
- Is it possible to exist without getting into the vicious circle of beliefs begetting experiences and experiences, in turn, strengthening beliefs?
- Is it true that a deep religious awareness has no belief-system whatsoever ?
- Is it possible to remain without a single image about one’s own self or about others ?
- Is it alright to be free of all kinds of opinions or judgements or conclusions ?
- Is there a way of living where one is not available to hurt and flattery ?
- Is it possible not to allow images to interfere in relationships and to use images only for technical purposes such as for making houses, bridges, toys, aeroplanes etc.?
- Efforts with motives may lead to activities becoming catastrophe in due course of time, whereas actions without motives are indeed pure actions. Can there be a source of effort without any motive for power, possessions, positions and prominence ?
- Is there a way of living without such divisions in consciousness as are generated by religions, nations, sects, cults, groups, communities, ideals, utopias, doctrines etc.?

Kriya-Yoga (Swadhyay, Tapas, Ishwara Pranidhan) is understood at Satyalok in many of its facets as follows :

**SWADHYAY**

Pondering  
Raja Yoga  
Emergence  
Chit  
Introspection  
Gyana Yoga  
Creativity  
Brahma  
Fundamentals  
Samkhya  
Self-discovery  
Exploration  
Beginning  
Discrimination  
Consideration

**TAPAS**

Practice  
Hatha Yoga  
Endurance  
Sat  
Intensification  
Karma Yoga  
Consolidation  
Vishnu  
Fortitude  
Yoga  
Service  
Endurance  
Building  
Diligence  
Confirmation

**ISHWARA PRANIDHAN**

Perception  
Laya Yoga  
Ending  
Ananda  
Insight  
Bhakti Yoga  
Comprehension  
Maheshwara  
Freedom  
Vedanta  
Surrender  
Enlightenment  
Bliss  
Divinity  
Crescendo

Come to Satyalok : Lahiri dynastic temple  
And be transformed