

Message 62

Ananda Sanga, Somerset West, South Africa
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Thousand Names of the Un-nameable

Indefinable, can **not** be defined, yet can be immanent. Un-nameable can **not** be named, yet can be understood in a thousand ways. This understanding can be in the blood-cells, **not** in the belief systems; in the energy of compassion and comprehension, **not** in the 'experience' emanating from conditioning and conclusion; in the deepest dimension of insight, **not** in the dogmatic delusion of influence and idea; in the profound wisdom of wantlessness and giving up, **not** in the petty mind of wanting and getting.

There are 108 verses in the ancient text of humanity, each containing 7 to 12 'names' pointing out to the un-nameable. Meditation on these 'names' may melt the mind into 'no-mind', the intellect into intelligence, ego into enlightenment, memory into a most sacred matrix of eternity, brain into an instrument of bliss, benediction and beatitude. Meditation on these thousand 'names' may blast the blocking and bondage of the brain, which is confined in the parameters of the profane products of the mind. Then the mystical thousand-petalled lotus of the 'Sahasrara' (crown chakra or brain) may bloom and blossom. Meditation without the meditator, that is, the contemplative wakefulness now commences:-

OM VISHNU SAHASRANAM

<p>1st Verse (9 names)</p> <ol style="list-style-type: none"> 1. Vishwam : Universe 2. Vishnu : Holding (universe) 3. Vasatkaar : Purity 4. Bhuta-Bhavya-Bhavat Prabhu : Lord of Past, Present and Future 5. Bhutakrit : Creation of beings 6. Bhutabhrit : Protection of beings 7. Bhava : Attitude of beings 8. Bhutatma : Essence of beings 9. Bhutabhavana : Sense-perception of beings 	<p>2nd Verse (8 names)</p> <ol style="list-style-type: none"> 1. Putatma : Sacred Soul (10) 2. Paramatma : Supreme Soul (11) 3. Muktanam Param Gati : supreme destination of freedom (12) 4. Ayyaya : Unchanging (13) 5. Purusha : Universal Intelligence (Chiti) (14) 6. Sakshi : Seeing without spectatorship (15) 7. Kshetrajna : Awareness of 'what is' (16) 8. Akshara : Unwithering (17)
<p>3rd Verse (7 names)</p> <ol style="list-style-type: none"> 1. Yoga : Integration (harmony) (18) 2. Yogavidam Neta : Leading to Yogic perception (19) 3. Pradhan Purusheswar : Principal divine intelligence (20) 4. Naarasimha Vapu : Embodied as lion-human (21) 5. Shreeman : Reverential (22) 6. Keshav : Beautiful-haired (23) 7. Purushottam : Best Intelligence (24) 	<p>4th Verse (12 names)</p> <ol style="list-style-type: none"> 1. Sarva : All in all (25) 2. Sharva : Beyond gunas (qualities) (26) 3. Shiva : Innocence (27) 4. Sthanu : Residence (28) 5. Bhutadi : Premier element (29) 6. Avyaya-Nidhi : Inexhaustible fund (30) 7. Sambhava : Possibilities (31) 8. Bhaavana : Pure perceptions (not mental concepts) (32) 9. Bhartaa : Provider husband (33) 10. Prabhav : Luminous (34) 11. Prabhuh : Radiant (35) 12. Ishwara : Wholeness (36)
<p>5th Verse (9 names)</p> <ol style="list-style-type: none"> 1. Swayambhu : Self-emanated (37) 2. Shambhu : Dwelling in peace (38) 3. Aditya : Beyond duality (39) 4. Puskaraksha : Health & nourishment (40) 5. Mahaswan : Majestic goodness (41) 6. Anadi nidhana : Eternal existence (42) 7. Dhata : Ground reality (43) 8. Vidhata : Ground of the ground (44) 9. Dhaturuttam : Best ground (45) 	<p>6th Verse (9 names)</p> <ol style="list-style-type: none"> 1. Aprameya : Indefinable (46) 2. Hrishikesh : Restraint (47) 3. Padmanabh : Lotus-navelled (48) 4. Amar Prabhu : Deathless lord (49) 5. Vishwa karma : Engineer of universe (50) 6. Manu : Mind (sentiment) (51) 7. Twastaa : Contentment (52) 8. Sthavistha : Expansive (53) 9. Sthavirodhruva : Fixed in immensity (54)

<p>7th Verse (9 names)</p> <ol style="list-style-type: none"> 1. Agrahya : Unknowable (55) 2. Shaaswata : Eternal (56) 3. Krishna : Non-doer (57) 4. Lohitaksha : Spark of the eyes (58) 5. Pratardan : Dissolution of mind (59) 6. Prabhuta : Abundance (60) 7. Trikakubdham : Supporting these three dimensions (61) 8. Pavitra : Pious (62) 9. Mangalam param : Supreme Well-being (63) 	<p>8th Verse (10 names)</p> <ol style="list-style-type: none"> 1. Ishan : Regulator (64) 2. Praanada : Donor of breath (65) 3. Praan : Breath (66) 4. Jyestha : Eldest brother (67) 5. Shrestha : Best brother (68) 6. Prajapati : Care-taker (69) 7. Hiranya garbha : Golden light of the depth (70) 8. Bhugarbha : Depth of planets (71) 9. Madhav : Gentle (72) 10. Madhu sudan : Slayer of the demon "more" (i.e. contentment-giver) (73)
<p>9th Verse (11 names)</p> <ol style="list-style-type: none"> 1. Ishwara : Total attention (74) 2. Vikrami : Energetic (75) 3. Dhanwi : Perfection (76) 4. Medhavi : Scholarly (77) 5. Vikram : Energy (78) 6. Kram : Order (79) 7. Anuttam : Matchlessly superior (80) 8. Duraadharsa : Un-conquerable (81) 9. Kritajna : Gratitude (82) 10. Kriti : Performance (83) 11. Atmavan : Reality oriented (84) 	<p>10th Verse (10 names)</p> <ol style="list-style-type: none"> 1. Suresh : Whole melody (85) 2. Sharan : Refuge of all (86) 3. Sharam : Delight of all (87) 4. Vishwareta : Seed of Universe (88) 5. Praja bhava : Source of life (89) 6. Aha : Day after day (90) 7. Samvatsar : Year after year (91) 8. Vyal : Difficult to grasp (92) 9. Pratyay : Yet perceived (93) 10. Sarvadarshan : Perceivable everywhere (94)
<p>11th Verse (9 names)</p> <ol style="list-style-type: none"> 1. Ajah : Unborn (95) 2. Sarveshwar : Superseding all (96) 3. Siddha : Perfect (97) 4. Siddhi : Perfection (98) 5. Sarvadi : Origin of all (99) 6. Achyut : Infinite (100) 7. Vrishakapi : Virility & susceptibility (101) 8. Ameyatma : Immeasurable (102) 9. Sarvayoga vinisrita : Genesis of universal harmony (103) 	<p>12th Verse (10 names)</p> <ol style="list-style-type: none"> 1. Vasu : Life (104) 2. Vasumanaa : Consciousness (105) 3. Satya : Truth (106) 4. Samatma : Equanimity (107) 5. Sammita : Balance (108) 6. Sama : Equality (109) 7. Amogha : Unfailing (110) 8. Pundari kaksha : Lotus-eyed (111) 9. Vrisha karma : Strong action (112) 10. Vrisha kriti : Stern achievement (113)
<p>13th Verse (9 Names)</p> <ol style="list-style-type: none"> 1. Rudra : Heat that heals (114) 2. Bahushira : Many heads (much intelligence) (115) 3. Babhru : Preserving the planet (116) 4. Vishwa yoni : Womb of the Universe (117) 5. Suchi shrava : Listening to pure melody (118) 6. Amrita : Nectar (119) 7. Shaswata-Sthanu : Eternal abode (120) 8. Varaaroha : Ascendance (121) 9. Mahatapa : Major penance (122) 	<p>14th Verse (10 names)</p> <ol style="list-style-type: none"> 1. Sarvaga : Dynamism (123) 2. Sarvavid bhanu : Brilliant knower of all (124) 3. Viswaksena : Prevention of regimentation (of wicked) (125) 4. Janardan : Resident (in all beings born) (126) 5. Veda : Knowledge (127) 6. Vedavid : Knower (of the knowledge) (128) (separative consciousness is only knowledgeable, it is not the knower) 7. Avyanga : Many dimensions of knowing (129) 8. Vedanga : Many dimensions of knowledge (130) 9. Vedavit : Wise (131) 10. Kavi : Poet (132)

<p>15th Verse (8 names)</p> <ol style="list-style-type: none"> 1. Lokadhyaksha : President of existence (133) 2. Suradhyaksha : President of divinity (134) 3. Dharmadhyaksha : President of preservation (135) 4. Kritakrit : All cause and effect (136) 5. Chaturatma : Essence of four Vedas (i.e. Vedanta) (137) 6. Chaturvyuha : Four aspects of separative consciousness (memory, intellect, mind, ego) (138) 7. Chatur danstra : Four tusks of spiritual teaching: trust, touch, talk and time together (139) 8. Chaturbhuj : Four arms (Dharma, Artha, Kama, Moksha) (140) 	<p>16th Verse (10 names)</p> <ol style="list-style-type: none"> 1. Bhrajisnu : Rays of light (141) 2. Bhojan : Food (142) 3. Bhokta : Consumer of food (appetite, hunger) (143) 4. Sahishnu : Tolerant (144) 5. Jagadaadija : Emergence of Universe (145) 6. Anagh : Timeless (146) 7. Vijay : Victory (147) 8. Jeta : Victor (148) 9. Vishwa yoni : Universal organ of life (149) 10. Punarvasu : Life again and again (150)
<p>17th Verse (12 names)</p> <ol style="list-style-type: none"> 1. Upendra : Close to Indra (Divine king) (151) 2. Vaman : Dwarf (152) 3. Prangshu : Tall (153) 4. Amogha : Inevitable (154) 5. Suchi : Clean (155) 6. Urjita : Energy (156) 7. Atindra : Super consciousness (157) 8. Sangraha : Accumulation (158) 9. Sarga : Symptom (159) 10. Dhritatma : Essence of consistency (not conflict) and conservation (160) 11. Niyama : Rules (161) 12. Yama : Regulations (162) 	<p>18th Verse (10 names)</p> <ol style="list-style-type: none"> 1. Vedy : Dwelling in wisdom (163) 2. Vaidya : Dwelling in application of wisdom (164) 3. Sadaa yogi : Always in yoga (harmony) (165) 4. Veeraha : Slayers of warriors (166) 5. Madhav : Sweetner (167) 6. Madhu : Honey (sweet) (168) 7. Atindriya : Beyond experience-structure (169) 8. Mahamaya : Major illusion (170) 9. Mahotsaha : Major enthusiasm (171) 10. Maha bala : Major force (172)
<p>19th Verse (8 names)</p> <ol style="list-style-type: none"> 1. Maha buddhi : Major intellect (173) 2. Maha virya : Major courage (174) 3. Maha shakti : Major energy (175) 4. Mah dyuti : Major radiation (176) 5. Anirdeshya Vapu : Body invisible (disembodied) (177) 6. Sriman : Yet handsome (178) 7. Ameyatma : Unlimited (179) 8. Mahadridhrik : Major perception (explosion into enlightenment) (180) 	<p>20th Verse (8 names)</p> <ol style="list-style-type: none"> 1. Maheshwas : Major insight (181) 2. Mahi bharta : Major provider (182) 3. Sri nivas : Holy abode (183) 4. Satangati : Pious journey (184) 5. Aniruddha : Un-ceasing (185) 6. Surananda : Joy of melody (186) 7. Govinda : Radiance (187) 8. Govindampati : Owner of radiance (188)
<p>21st Verse (9 names)</p> <ol style="list-style-type: none"> 1. Marichi : Luminous (189) 2. Daman : Austere (190) 3. Hamsa : Dropping the unreal (191) 4. Suparna : Utility (192) 5. Bhujagottama : Alertness (wakefulness) (193) 6. Hiranya nabha : Fearlessness (194) 7. Sutapa : Endeavour (195) 8. Padma nabha : Decontamination (deconditioning) (196) 9. Prajapati : Lord of multitudes (197) 	<p>22nd Verse (11 names)</p> <ol style="list-style-type: none"> 1. Amrityu : Without death (198) 2. Sarva drik : Watching all (199) 3. Simha : Lion (majestic) (200) 4. Sandhata : Careful protector (201) 5. Sandhiman : Conciliatory (202) 6. Sthir : Quiet (203) 7. Aja : Never born (204) 8. Dhurmarshan : Un-attainable (205) 9. Shasta : Scriptures (206) 10. Vishrutatma : Imperceptible (207) 11. Surariha : Destroyer of the enemies of the goodness (208)

<p>23rd Verse (9 names)</p> <ol style="list-style-type: none"> 1. Guru : Dispeller of darkness (209) 2. Gurutama : Major guru (210) 3. Dham : Pilgrimage (211) 4. Satya : Veracity (212) 5. Satya parakrama : Veritable veracity (213) 6. Nimish : Causing eyes to blink (214) 7. Animish : Unblinkable (215) 8. Sragvi: Symphony of sacred sounds (216) 9. Vachaspati Rudaradhi : Generous communicator (217) 	<p>24th Verse (10 names)</p> <ol style="list-style-type: none"> 1. Agrani : Initiative (218) 2. Gaman : Unsurpassing beauty (219) 3. Sriman : Very nice (220) 4. Nyay : Justice (221) 5. Neta : Leader (222) 6. Samiran : Flowing (223) 7. Sahasra murdha : Thousand heads (high intellect) (224) 8. Vishwatma : Essence of existence (225) 9. Sahasraksha : Thousand eyes (holistic observatiom) (226) 10. Sahasrapat: Thousand feet (high perseverance, no fatigue) (227)
<p>25th Verse (8 names)</p> <ol style="list-style-type: none"> 1. Avartan : Wheels of change (228) 2. Nivritatma : Changelessness (229) 3. Samvrit : Yet changing (230) 4. Sampramardan : Revelation (231) 5. Ahasam vartak : Day in & day out (232) 6. Vanhi : Fire (233) 7. Anil : Not static (234) 8. Dharanidhar : Holder of all holdings (235) 	<p>26th Verse (11 names)</p> <ol style="list-style-type: none"> 1. Suprasad : Benediction (236) 2. Prasannatma : cheerfulness (237) 3. Vishwadrik : Universal preservation (238) 4. Vishwabhuk : Universal absorption (239) 5. Vibhu : Sky (240) 6. Satkarta : Good performer (241) 7. Satkrita : Good performance (242) 8. Sadhu : Honesty (243) 9. Janhu : Origin of Ganga River (244) 10. Narayan : Redeemer of humanity (245) 11. Nara : Humanity (246)
<p>27th Verse (9 names)</p> <ol style="list-style-type: none"> 1. Asankheya : Innumerable (247) 2. Aprameya : Un-knowable (248) 3. Visishta :Unique (249) 4. Shistakrit : Ultimate action (250) 5. Suchi : Pure (251) 6. Siddhartha : Achievement of perfection (252) 7. Siddha sankalpa : Committed to perfection (253) 8. Siddhida : Grace of perfection (254) 9. Siddhi sadhan : Practice for perfection (255) 	<p>28th Verse (9 names)</p> <ol style="list-style-type: none"> 1. Vrishahi : Desire – fulfilment (256) 2. Vrishabh : Virility (257) 3. Vishnu : Foundation (258) 4. Vrisha parva : Uprising (259) 5. Vrishodar : Containing (260) 6. Vardhan : Growth (261) 7. Vardhaman : Expansion (262) 8. Vivikta : Unaffected by change (263) 9. Stuti sagar : Ocean of chantings (264)
<p>29th Verse (10 names)</p> <ol style="list-style-type: none"> 1. Subhuja : Beautiful hands (265) 2. Durdhar : (But) difficult to hold (266) 3. Vagmi : Orator (but difficult to listen) (267) 4. Mahendra : Major ruler (268) 5. Vasuda : Provider of well-being (269) 6. Vasu : Well-being (270) 7. Naikarupa : No form (271) 8. Vrihadrupa : Big form (272) 9. Shipivist : Light rays (273) 10. Prakashan : Illumination (274) 	<p>30th Verse (8 names)</p> <ol style="list-style-type: none"> 1. Ojastejodyuti dhara : Foundation of all radiance (subtle and gross) (275) 2. Prakashatma : Self-illuminating (276) 3. Prataapan : Dominating (277) 4. Riddha : Awake (278) 5. Spastakshara : Clear hand-writing (279) 6. Mantra : Clear chanting (280) 7. Chandranshu : Soft moon-light (281) 8. Bhaskaradyuti : Bright sun-light (282)

To be continued in Message 63

**Namastasmai
Vishnave
Prabhavishnave**