## Akarmanya Nahi, Akarta Bano!

Don't indulge in non-doing, but be available to non-doership.

This is another blast from the Lahiri-lore in addition to the four we already meditated upon in messages 81 and 96.

## On wickedness of non-doing (idleness, dullness, being asleep in assumptions) and wisdom of non-doership (insight, diligence, awareness of actuality).

Life (Divinity) is the integral movement of dis-embodied Universal Intelligence in the human body when the separative movement of the limited embodied consciousness is at rest.

"What is the sign of 'father' in your body? It is movement and rest " --- Jesus Christ

This 'rest' is not non-doing and the 'movement' is neither restlessness nor agitation. Awakening of Intelligence is this movement in which doership ("I" – mentality) is at rest. It is just action, neither reaction nor resistence emanating from mind-ego outfit. In this pure action of non-doership, there is no phenomenon of becoming with concomitant anticipation and anxiety.

''Sarva Dharmaan Parityajya Maamekam Sharanam Braja, Aham Twaam Sarva Paapebhyo Mokshayisyami Maa Shuchah''. --- Bhagwat Gita (18: 66)

This profound blast direct from Universal Intelligence (Krishna) is utilised to derive comfortable consolation desperately needed by the mind which is always demanding dependency. The real implication is totally different.

"Dharma, Dhaarana, Dharti" --- These words come from the same root which mean something which holds our lives. And we think that our mind with all kinds of concepts, ideas, beliefs, formulations, hopes, emotions, attachments, arguments, occupations, opinions, cleverness, calculation, conditioning imposed by religious and social inputs will hold and protect us. But the fact is that mind is a material and mechanical process. It only endangers life by promoting divisions, fragmentations and conflicts at every level of human affairs. The mind with its vanity and vested interests destroys understanding.

So Universal Intelligence is calling to say: "Without any grief come out of all mental mania, malady and maladjustments and thus take refuge only in Intelligence which is not of the mind. This Intelligence saves and sustains you, holds and heals you. This awakening of Intelligence sets you free absolutely and unconditionally from the sins of separative consciousness which consist of divisions, opposites, dualities and fragmentations."

Here "you" indicates life, not mind. Real" you" is not what you think, it is outside the net-work of your thought.

Kriya Yoga is waking up in wisdom without any wanting. Seeing is the seeking in which there is no seeker. There is nothing to seek, nothing to find! Intelligence is there in every breath.

<sup>&</sup>quot;Universe is Statics and Dynamics" --- Quantum Physics.

<sup>&</sup>quot;Sristi, Sthiti, Laya" ---- Vedanta

## ''Khoji Ho To Turant Milihai Pal Bhar Ki Talaash Me''

When there is a seeker without seeking, Intelligence happens instantaneously

Truth of kriyas are to be understood deeply. Otherwise: ---

''Har Tarkeeb Khoti Paregi Zindagi Chhoti Paregi'' All techniques will be futile, and life will be finished!

To do something for its own sake seems quite difficult for most of us, and seems almost undesirable. Social values are based on doing something for the sake of something else. This makes for a barren existence within the barter deals of the mind. It is a life without love, never full, always incomplete. This is the root cause of disintegrating unhappiness of human beings.

JAI LAHIRI-LORE