

Satyacharan Lahiri Tithi Puja and Kriya Yoga Initiation- Varanasi Program - February 2024

Dear All,

Shri Satyacharan Lahiri Tithi Puja and Kriya Yoga Initiation Program at Satyalok, the Lahiri family shrine in Varanasi, will be conducted by Shri Ujjwal Lahiri in February 2024.

The Kriya Yoga Initiation in the dynastic lineage is an elaborate and intense program spread over 5 days in 3 parts viz.1) **Swadhyay** – Pre-Initiation talk 2) **Tapas** – Kriya Initiation & 3) **Ishwara Pranidhan** - Awareness Holistic indicating Astanga or eight aspects of Yoga Life .

The Program schedule is as follows:

Day	Date	Time	Event	Notes
Day 1	1 st Feb 2024, Thur	From 5 pm	Pre-Initiation (Swadhyay) Talk	
Day 2	2 nd Feb 2024, Fri	From 9 am	Kriya Review & Practice	For old Kriyabans only
		From 5 pm	Pre-Initiation (Swadhyay) Talk	
Day 3	3 rd Feb 2024, Sat	From 9:30 am	Guru Puja followed by Pushpanjali & Bhandara Prasad (Lunch)	
Day 4	4 th Feb 2024, Sun	9:00 am - 5:00 pm	Kriya Initiation (Tapas)	
Day 5	5 th Feb 2024, Mon	9:00 am - 5:00 pm	Kriya Review (Ishwara Pranidhan)	
Day 6	6 th Feb 2024, Tues	From 9 am	Tour of 12 jyotirlinga temples within Varanasi (registration details to be announced later)	For old Kriyabans only

1) All those seeking initiation are requested to make note of the above schedule and plan their travel in such a way that they reach Varanasi latest by Thursday, 1st Feb afternoon and leave Varanasi earliest by Monday, 5th Feb 2024 late evening after 5:00 p.m.

2) Attendance in the Swadhyay Talks on the 1st & 2nd of February is mandatory for all those seeking initiation. Any participant who misses the pre-initiation talk will not be allowed for initiation.

3) Accommodation for stay during the initiation days i.e. from the 1st of February to the 5th of Feb 2024 is to be arranged by the participant him/her self. Please book your accommodations around Dashashwamedh Ghat /Chausatti ghat /Chausatti devi temple as Satyalok is easily accessible from the above-mentioned landmarks.

4) Temple food (Bhandara Prasad) will be served to all participants from the evening of the 1st of February to the evening of the 5th February 2024.

5) If any participant misses any part of the days 1, 2, 4 & 5 of the above program, his/ her initiation will be considered incomplete and his/ her name will not be entered in the temple register.

6) The entire program will be conducted in English and Hindi only for maximum outreach in the time available.

7) The initiation program is restricted only to new participants and to old kriyavans already initiated in the dynastic lineage.

8) Please send an email with your full name, age, contact address, cell phone / Whatsapp number, email address along with a request to register your name as a participant in the February 2024 initiation program to **satyalokinitiation@gmail.com**. Confirmation emails will be sent to all those who have registered within 10 days of receipt of their request emails.

9) Those who send their proof of travel (i.e travel tickets to & return from Varanasi) along with their registration email will be confirmed immediately and allotted slots on a priority basis.

10) Those who receive confirmation must send their travel tickets within 15 days of receipt of confirmation of the email to reserve their slots, failing which their slot will be allotted to those who have registered after them. There will be no follow up or any reminders sent in this regard.

NOTE:- Those who have registered in advance but have not produced their proof of travel nor received confirmation and those who come directly to Satyalok for initiation will be allowed only if slots are available after accommodating those who have registered in advance online. Such direct participants must attend the preinitiation talks on day 1 & 2 and also will have to produce the proofs of stay/travel for the entire program i.e till late noon of 5th Feb 2024 before being allowed for the initiation on 4th Feb 2024.

For any other queries please contact :-

Shri Krishnan ji @7718898055 (Whatsapp) (4:00 pm to 9:00 pm India time)

Shri Kamakhya Prasad Ji @ 9431935954 (Whatsapp) (4:00 pm to 9:00 pm India time)

Registration is strictly by email only, whatsapp or sms requests will not be entertained.

Jai Guru