

## Satyacharan Lahiri Tithi Puja and Kriya Yoga Initiation- Varanasi Program - January 2025

Dear All,

Shri Satyacharan Lahiri Tithi Puja and Kriya Yoga Initiation Program at Satyalok, the Lahiri family shrine in Varanasi, will be conducted by Shri Ujjwal Lahiri in January 2025.

The Kriya Yoga Initiation in the dynastic lineage is an elaborate and intense program spread over 3 days in 3 parts viz. 1) **Swadhyay** – Pre-Initiation talk 2) **Tapas** – Kriya Initiation & 3) **Ishwara Pranidhan** – Awareness Holistic indicating Ashtanga or eight aspects of Yoga Life .

The Program schedule is as follows:

Day	Date	Time	Event	Notes
Day 1	19 <sup>th</sup> Jan 2025, Sun	From 6:30 pm	Pre-Initiation (Swadhyay) Talk	For new & old Kriyabans only
Day 2	20 <sup>th</sup> Jan 2025, Mon	From 9:00 am to 6:00 pm	Kriya Initiation (Tapas)	""
Day 3	21 <sup>st</sup> Jan 2025, Tue	From 9:00 am to 6:00 pm	Kriya Review (Ishwara Pranidhan)	""
Day 4	22 <sup>nd</sup> Jan 2025, Wed	9:30 am onwards	Guru Puja followed by Pushpanjali & Bhandara Prasad (Lunch)	Open for all.

1) All those seeking initiation are requested to make note of the above schedule and plan their travel in such a way that they reach Varanasi latest by Sunday 19<sup>th</sup> Jan 2025 afternoon and leave Varanasi earliest by Tuesday, 21<sup>st</sup> Jan 2025 late evening after 6:00 p.m.

2) Attendance in the Swadhyay Talks on the 19<sup>th</sup> of January 2025 is mandatory for all those seeking initiation. Any participant who misses the pre-initiation talk will not be allowed for initiation. **Please reach Satyalok by 5:00 pm on 19<sup>th</sup> January 2025 to confirm your attendance with the person in charge.**

3) Accommodation for stay during the initiation days i.e. from the 19<sup>th</sup> of January to the 21<sup>st</sup> /22<sup>nd</sup> January is to be arranged by the participant him/herself. Please book your accommodations around Dashashwamedh Ghat / Chausatti ghat / Chausatti devi temple as Satyalok is easily accessible from the above-mentioned landmarks.

4) Temple food (Bhandara Prasad) will be served to all participants from the evening of the 19<sup>th</sup> of January to the evening of the 22<sup>nd</sup> Jan 2025.

5) If any participant misses any part of the days 1, 2 & 3 of the above program, his/ her initiation will be considered incomplete and his/ her name will not be entered in the temple register.

6) The entire program will be conducted in English and Hindi only for maximum outreach in the time available.

7) The initiation program is restricted only to new participants and to old kriyavans already initiated in the dynastic lineage.

8) Please send an email with your full name, age, contact address, cell phone / whatsapp number, email address and proof of travel (i.e. travel tickets to & return from Varanasi) along with a request to register your name as a participant in the January 2025 initiation program to **satyalokinitiation@gmail.com**.

9) Confirmation emails will be sent to all those who have registered along with their proof of travel ( i.e travel tickets to & return from Varanasi) within 10 days of receipt of their request emails on a first come first served basis.

10) Registration emails received without proof of travel and after the day of closing of registration will not be replied to.

NOTE:- Those who come directly to Satyalok for initiation will be allowed if and only if slots are available after accommodating those who have registered in advance online. Such direct participants if permitted must attend the pre initiation talks on day 1 and also produce the proofs of stay/travel for the entire program i.e till late noon of 21<sup>st</sup>Jan 2025 before being allowed for the talks.

11) Old Kriyavans who have been initiated in the dynastic lineage and would like to attend the program for reviewing their kriyas are requested to inform Krishnan Ji / Kamakhyaji by email and attend the program only on receipt of approval for the same from them.

12) Though it is not mandatory to be present for the Guru Puja on 22<sup>nd</sup> Jan 2025, still all those seeking initiation are invited to attend the Puja, offer Pushpanjali to the Gurus of the Lineage and depart after partaking Bhandara Prasad ( Lunch ).

For any other queries please contact :-

Shri Krishnan ji @7718898055 (Whatsapp) (4:00 pm to 9:00 pm India time)

Shri Kamakhya Prasad Ji @ 9431935954 (Whatsapp) (4:00 pm to 9:00 pm India time) Registration is strictly by email only, whatsapp or sms requests will not be entertained.

**Jai Guru!**