

Satyalok Guru Poornima Program - Varanasi, July 2025

Dear All,

Guru Poornima Puja and Kriya Yoga Initiation Program at Satyalok, the Lahiri family shrine in Varanasi, will be conducted by Guruji, Shri Ujjwal Lahiri, in July 2025.

The Kriya Yoga Initiation in the dynastic lineage is an elaborate and intense program spread over 3 days in 3 parts viz. 1) **Swadhyay** – Pre-Initiation talk 2) **Tapah** – Kriya Initiation & 3) **Ishwara Pranidhan** - Awareness Holistic indicating Astanga or eight aspects of Yoga Life .

The Program schedule is as follows:

Day	Date	Time	Event	Event Details
Day 1	7 th Jul 2025, Mon	From 7:00 pm	Kriya Initiation	Pre-Initiation (Swadhyay) Talk
Day 2	8 th Jul 2025, Tue	From 8:30 am		Kriya Initiation (Tapah)
Day 3	9 th Jul 2025, Wed	From 8:30 am		Kriya Review (Ishwara Pranidhan)
Day 4	10 th Jul 2025, Thu	10:00 am onwards 6:00 pm - 8:00 pm	Guru Puja Day	Guru Poornima Puja, Pushpanjali & Bhandara Lunch Evening Bhajan, Aarhi & Satsang with Guruji
Day 5	11 th Jul 2025, Fri	7:30 am – 8:30 am 10:00 am - 5:00 pm 6:30 pm - 7:30 pm 8:00 pm - 9:00 pm	Kriya Yoga Mini Retreat (For Old Kriyabans Only)	Combined Kriya Practice Teaching sessions on Shibendu Baba's messages on Kriya Yoga and Gita Evening Bhajan & Aarhi Dancing & Chanting
Day 6	12 th Jul 2025, Sat	9:00 am - 4:00 pm 6:00 pm - 8:00 pm 8:00 pm – 9:00 pm		Visit 12 Jyotirlingam Temples in Varanasi (Full Day Program with extensive walking in Varanasi lanes – Only for the physically fit – Limited participants allowed) Evening Bhajan, Aarhi & Satsang with Guruji Meditation (Short Kriyas) session

1) All those seeking initiation are requested to make note of the above schedule and plan their travel in such a way that they reach Varanasi latest by Monday, 7th Jul afternoon and leave Varanasi earliest by Wednesday, 9th Jul 2025 late evening after 8:00 p.m.

2) Attendance in the Swadhyay Talks on the 7th of July is mandatory for all those seeking initiation. Any participant who misses the pre-initiation talk will not be allowed for initiation.

3) Accommodation for stay during the initiation days i.e. from the 7th of July to the 9th of Jul 2025 is to be arranged by the participant him/her self. Please book your accommodations around Dashashwamedh Ghat /Chausatti ghat /Chausatti devi temple as Satyalok is easily accessible from the above-mentioned landmarks.

4) Temple food (Bhandara Prasad) will be served to all from the evening of the 7th of July to the evening of the 12th of July 2025.

5) If any participant misses any part of the days 1, 2 & 3 of the above program, his/ her initiation will be considered incomplete and his/ her name will not be entered in the temple register.

6) The entire program will be conducted in English and Hindi only for maximum outreach in the time available.

7) The initiation program is restricted only to new participants and to old Kriyabans already initiated in the dynastic lineage.

8) The registration for July initiation program will begin from the 1st week of May, 2025. A detailed circular about the registration process will be put up on our website by the last week of April. Registration for initiation is strictly on a first come first served basis.

9) For old Kriyabans : Registration details for the Kriya Yoga mini retreat and Higher Kriya initiation will also be put up by the last week of April .

For any other queries please contact :-

Shri Krishnan ji @7718898055 (Whatsapp) (4:00 pm to 9:00 pm India time)

Shri Kamakhya Prasad Ji @ 9431935954 (Whatsapp) (4:00 pm to 9:00 pm India time)

Jai Guru