

## Lahiri Mahashaya Tithi Puja and Kriya Yoga Initiation- Varanasi Program - October 2024

Dear All,

Shri Lahiri Mahasaya Tithi Puja and Kriya Yoga Initiation Program at Satyalok, the Lahiri family shrine in Varanasi, will be conducted between the 11<sup>th</sup> to 14<sup>th</sup> of October 2024.

The Kriya Yoga Initiation in the dynastic lineage is an elaborate and intense program spread over 3 days in 3 parts viz. 1) **Swadhyay** – Pre-Initiation talk 2) **Tapas** – Kriya Initiation & 3) **Ishwara Pranidhan** - Awareness Holistic indicating Astanga or eight aspects of Yoga Life .

The Program schedule is as follows:

Day	Date	Time	Event	Notes
Day 1	11 Oct 2024, Fri	From 9:30 am	Guru Puja followed by Pushpanjali & Bhandara Prasad (Lunch)	Open for all.
Day 2	12 <sup>th</sup> Oct 2024, Sat	From 6:30 pm to 9:00 pm	Pre-Initiation (Swadhyay) Talk	For new & old kriyavans only
Day 3	13 <sup>th</sup> Oct 2024, Sun	From 9:00 am to 6:00 pm	Kriya Initiation (Tapas)	“
Day 4	14 <sup>th</sup> Oct 2024, Mon	From 9:00 am to 6:00 pm	Kriya Review (Ishwara Pranidhan)	”

1) All those seeking initiation are requested to make note of the above schedule and plan their travel in such a way that they reach Varanasi latest by Friday 11th Oct afternoon and leave Varanasi earliest by Monday, 14th Oct 2024 late evening after 6:00 p.m.

2) Attendance in the Swadhyay Talks on the 12th of October is mandatory for all those seeking initiation. Any participant who misses the pre-initiation talk will not be allowed for initiation.

3) Accommodation for stay during the initiation days i.e. from the 12<sup>th</sup> of October to the 14th of October 2024 is to be arranged by the participant him/her self. Please book your accommodations around Dashashwamedh Ghat /Chausatti ghat /Chausatti devi temple as Satyalok is easily accessible from the above-mentioned landmarks.

4) Temple food (Bhandara Prasad) will be served to all participants from the evening of the 10th of October to the evening of the 14th October 2024.

5) If any participant misses any part of the days 2, 3 & 4 of the above program, his/ her initiation will be considered incomplete and his/ her name will not be entered in the temple register.

6) The entire program will be conducted in English and Hindi only for maximum outreach in the time available.

7) The initiation program is restricted only to new participants and to old kriyavans already initiated in the dynastic lineage.

8) Please send an email with your full name, age, contact address, cell phone / whatsapp number, email address and proof of travel ( i.e travel tickets to & return from Varanasi) along with a request to register your name as a participant in the October 2024 initiation program to [satyalokinitiation@gmail.com](mailto:satyalokinitiation@gmail.com).

9) Confirmation emails will be sent to all those who have registered along with their proof of travel ( i.e travel tickets to & return from Varanasi) within 10 days of receipt of their request emails on a first come first served basis.

10) Registration emails received without proof of travel and after the day of closing of registration will not be replied to.

NOTE:- Those who come directly to Satyalok for initiation will be allowed if and only if slots are available after accommodating those who have registered in advance online. Such direct participants if permitted must attend the preinitiation talks on day 1 and also produce the proofs of stay/travel for the entire program i.e till late noon of 14<sup>th</sup> Oct 2024 before being allowed for the talks.

11) Old Kriyavans who have been initiated in the dynastic lineage and would like to attend the program for reviewing their kriyas are requested to inform Krishnan Ji / Kamakhyaji by email and attend the program only on receipt of approval for the same from them.

12) There will be no Higher Kriya Initiation Program for senior kriyavans in October , this year

For any other queries please contact :-

Shri Krishnan ji @7718898055 (Whatsapp) (4:00 pm to 9:00 pm India time)

Shri Kamakhya Prasad Ji @ 9431935954 (Whatsapp) ( 4:00 pm to 9:00 pm India time)

Registration is strictly by email only, whatsapp or sms requests will not be entertained.

**Jai Guru**